PERSONAL PATIENT RECORDS FOR:	
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DATE	TEST	RESULTS	WHERE DONE	Notes
	Chest X Ray			
	Spirometry			
	PFT Full Study			
	Arterial Blood Gas			
	6 minute walk test			
	Baseline 02 Sat% on			
	Room Air			
	Quick 02 walking			
	test			

If you haven't had most of these tests, don't worry. You may not need all of them.

Tip: When you have xrays done, ask to have the image put on a CD for you. They may have to mail it. Keep it with you. Take the CD with you when you go to a doctor or clinic.

Inhalers and Nebulizers

Note: For "PRN" medications, also mark here the number of times per day you take it Sample:

Medication	# puffs	1x/day	2x/day	3x/day	4x/day	Color
Ex: Advair	1		Х			Purple
Spiriva	1	Х				Green
Albuterol	xxxxx					Yellow
Duoneb					Х	Liquid

Your list:

Medication	# puffs	1x/day	2x/day	3x/day	4x/day	Color